



# Therapy News

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## Editorial

2019 is almost over but we have a special birthday to celebrate! Another successful lymphedema conference was recently held in Canada, marking the 10th anniversary of the CLF. There are exciting changes coming in 2020 with the launch of our new Levels program and more exciting research on MLD and concussion at a Canadian university.

program and the Review classes will continue. It will make the training process more streamlined, especially for those wishing to focus only on non-lymphedema applications taught in the Level 2 – Applied MLD course. Those wishing only to focus on chronic edema and lymphedema can now complete a 13 day in-class program to gain certification. More detail can be found here. [More...](#)

## Happy Birthday Hildegard!



December 2nd marks the 90th birthday of our dear, beloved Hildegard. We all wish her the very best for a wonderful birthday celebration in Walchsee on December 14th. Hildegard is still well and strong, still teaching in local courses, with no signs of stopping. She is a

true inspiration to us all and her hands continue to inspire ours.

## Canadian Lymphedema Framework Conference (CLF)

Toronto, ON - November 1 and 2, 2019



Approximately 300 people attended the conference in Toronto, celebrating the 10th anniversary of the CLF. It also marked a change in leadership of the CLF as Anna Kennedy retires from the chair position and succeeded by Dr. David Keast. Anna has been a pioneer in the creation of the CLF and will be missed by many

and will keep her role as editor of the CLF Pathways magazine. Both health care professionals and patients attended the conference with an interesting mix of lectures, abstract presentations and workshops. Here is an overview of some of the major presentations. [More....](#)

## New Levels training program set to start January 1, 2020

We are excited to launch the new program in 2020. The online theory Level 1 module is already available and some of our teachers have held practical classes already, transitioning to the new system. This will not affect past graduates of our



## New MLD and concussion research

The registered massage therapist association of BC has awarded the University of Northern BC a \$16,000 Seed Grant for a pilot research study on MLD and concussion patients, led by award winning Cognitive/Behavioural Neurologist Dr Jacqueline Pettersen. Congratulations to Dr. Vodder School therapist Lene Tonnisen for initiating and taking part in this research. Read the proposal, [more...](#)

## Congratulations to Jan Douglass

Jan is a Dr. Vodder School teacher and therapist, who recently had an article published in Lymphatic Research and Biology on [comparison of staging systems for different types of lymphedema](#).

## Further Reading

Please take a look at other important news.

### [Review Reports](#)

### [Congratulations to our newest therapists](#)

### [Upcoming Conferences](#)

## LANA

*Lymphology Association of North America*

Last chance to get a 50% reduction on your LANA exam. (\$215 US instead of \$430).

LANA is celebrating its 20th year in 2019 and if you apply this year until December 31st, you have up to one year to take the exam. Please see the LANA website for further information about taking the exam. <https://www.clt-lana.org/>

## Cure Tape Classes



We are excited to be offering two CureTaping courses with Froukje Potijk, PT in 2020. CureTaping is a medical taping concept used as an ideal adjunct to MLD and CDT. These classes are very popular and fill up quickly.

[Register now.](#)

## Upcoming Reviews 2020

### *Reviews organized by DVSI*

**Victoria, BC** - April 24 to 26

**Stowe, VT** - June 13 to 15

**Toronto, ON** - June 19 to 2

[online form](#)

### *For Reviews organized by others*

**Auckland, NZ** - May 16 to 18

**Hobart, TAS** - May 26 to 27

Contact - Deb Bower

[vodderreviewsaustralia@gmail.com](mailto:vodderreviewsaustralia@gmail.com)

(+61) 0418 551 546

**Walchsee, Austria** - July 13 to 17

Contact - Dr. Vodder Schule - Austria

[office@wittlinger-therapiezentrum.com](mailto:office@wittlinger-therapiezentrum.com)

+43 (0)5374 5245-0