



# Therapy News

February 2020

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## Editorial

This has been a pivotal year for the Dr. Vodder School – International as we launched our new training program. It has been a lot of work and changes which are now coming together nicely. Another big change is at the helm of the Vodder School. It has been 26 years since the Dr. Vodder School-International was founded and from a few teachers to our current 16, we have grown considerably. I am especially proud of our teachers as well as our growth in Asia with the dedicated teachers and therapists emerging there. It has been an incredible journey in close cooperation with the Dr. Vodder Academy on Austria. I have been involved with MLD for 37 years now and it is time to pass on the reins to take the DVSI into the next decade. We welcome Grace Dedinsky-Rutherford as the new director and owner of Vodder Schools – International. I will continue to teach some classes and be there for Grace during the transition. Wishing you much success with this amazing skill we have all learned. Robert Harris.

## New direction for the Dr. Vodder School: welcome Grace!



Grace has been a Dr. Vodder therapist for 20 years and a teacher for the Barral Institute. Grace served as the president of the North American Lymphology association for several years. She runs the North Shore Lymphedema Clinic in Vancouver, BC and has developed a very busy practice. Grace was approached two years ago about taking over the Vodder School and has enthusiastically embraced the idea. She brings enthusiasm, passion and new ideas that will move the Dr. Vodder School – International in new directions. Grace can be contacted at [grace@vodderschool.com](mailto:grace@vodderschool.com)

We will be saying goodbye to Ellie Ford who has done an outstanding job as administrator for the Dr. Vodder School over the past 15 ½ years. Ellie has helped to create the Dr. Vodder School – International into what it is today, and we owe a big Thankyou for all her tireless hard work. We wish Ellie all the very best with her family and new endeavours.

## Indo Cyanine Green update

The use of ICG, not only in diagnostics but also more recently in fluoroscopy guided MLD has been hotly debated. Proponents advocate some radical approaches to treatment. A recent open-access article reported novel lymphatic pathways that could be utilised by skilled clinicians in treating breast-cancer related lymphedema. Please read the critique of this article by Jan Douglas PhD, first reported in her blog and draw your own conclusions:  
<https://www.movinglymph.com.au/post/icg-update-do-we-change-anything>



## Research from Vodder-trained therapist Linda Khong, PhD, PT

[Lower limb chronic edema management program: Perspectives of disengaged patients on challenges, enablers and barriers to program attendance and adherence.](#)

## Faculty changes at the Dr. Vodder School: Congratulations Jui Chu Yeh, PT



Please welcome our latest instructor from Tainan, Taiwan. Chu has been a certified Dr. Vodder Therapist for 12 years and joins Autumn Chen, PT as a Level 1 teacher in Taiwan. Chu has authored a Mandarin textbook on exercises for patients with lymphedema.

## Congratulations Genèvieve Gauthier, TRP



We are very pleased to welcome our second French-speaking teacher from Quebec, Canada. Genevieve joins our teacher, Michel Eid in Quebec and she certified 12 years ago. She works in a physiotherapy clinic in Eastern Quebec.

Professor Weissleder has decided to completely stop his lymphology duties. He has been a tremendous resource for us since 1997 and we thank him for his support. Kathryn Thrift from Dallas has decided to retire from teaching. Kathryn has been a central figure in the Dallas, TX MLD community and around the US. We will miss her. Gay Lee Gulbrandson, Anne Bramham and Hozaidah Hosain have all decided to discontinue teaching for the Dr. Vodder School. We thank them all for their contributions and the many hundreds of students they have introduced to the Dr. Vodder method.



## Further Reading

Please take a look at other important news.

### Review Reports

(Singapore Review)

### Congratulations to our newest therapists

(Taiwan II and III)

### Upcoming Conferences

## Cure Tape Classes



We have about six places left in the Toronto and Vancouver lymph taping classes with Froukje Potijk, PT. Cure Taping is a medical taping concept used as an ideal adjunct to MLD and CDT. Please sign up now to secure place

[Register now.](#)

## Lymphedema Treatment Act

Congratulations to Heather Ferguson and the Lymphedema Advocacy Group in the USA for getting the Lymphedema Treatment Act passed through the House of Representatives. This is a milestone that has taken many years of dedicated advocacy work and will hopefully bring reimbursement for patients with lymphedema in the USA one step closer. The Act still has to pass the House of Representatives before coming into force. [www.LymphedemaTreatmentAct.org](http://www.LymphedemaTreatmentAct.org)

## Upcoming Reviews 2020

### *Reviews organized by DVSI*

Victoria, BC - April 24 to 26

Stowe, VT - June 13 to 15

Toronto, ON - June 19 to 21

[online form](#)

### *For Reviews organized by others*

Auckland, NZ - May 16 to 18

Hobart, TAS - May 26 to 27

Contact - Deb Bower

[vodderreviewsaustralia@gmail.com](mailto:vodderreviewsaustralia@gmail.com)

(+61) 0418 551 546

Taipei, Taiwan – July 8 – 10

Contact [info@yuanliuhschool.com](mailto:info@yuanliuhschool.com)

Walchsee, Austria - July 13 to 17

Contact - Dr. Vodder Schule - Austria

[office@wittlinger-therapiezentrum.com](mailto:office@wittlinger-therapiezentrum.com)

+43 (0)5374 5245

Hadley, MA – November 6 – 8

[Registration form](#)

## LANA

*Lymphology Association of North America*  
Please see the LANA website for further information about taking the exam. <https://www.clt-lana.org/>